DIARY: 1989

JANUARY

1 Sunday

YF, Leonie and Nadine out to lunch with the NZ visitors.

2 Monday

YF to Hong Lok Yuen.

3 Tuesday

Starting to mark Educational Psychology projects. To New Asia gym in the afternoon. Leonie again to Kung Fu.

4 Wednesday

Home with Nadine and her friend Helen in the afternoon. Then took Helen home. Had a look at new housing.

5 Thursday

Wet all day. To Chung Chi gym with Nadine. Gavin had a wee in a box last night.

6 Friday

A little drizzle. All day spent marking.

7 Saturday

YF to to visit Catherine in hospital. Me to New Asia gym, then to Jubilee Sports Centre - Leonie and Gavin for a swim. Emperor Hirohito dies.

8 Sunday

Inside all day. Cleaned and tidied the flat.

9 Monday

Breathing not good; gave up during weight training, Nadine not with me. Home in the afternoon to baby sit and cook.

10 Tuesday

Finished marking the Educational Psychology projects. Whites here in the afternoon for a quick Reiki. Leonie to Kung Fu.

11 Wednesday

Breathing still not good; 80% gym effort. YF to town in the afternoon and evening - massage and Catherine.

12 Thursday

Cold. Leonie to Kung Fu.

13 Friday

To Beacon Hill school in the morning for Leonie's Greek play. MA thesis proposal in the evening.

14 Saturday

Cold. In the evening, took Linda Chan and others from Christchurch to a Thai restaurant in Kowloon Tong.

15 Sunday

Still cold. Woman in Canossa Hospital in a coma having been administered nitorgen instead of oxygen during an operation.

16 Monday

Breathing not very good but weight training OK. YF back late.

17 Tuesday

Worked at home all day. The lady in a coma dies. Leonie's Kung Fu - elections and party.

18 Wednesday

Warm, 20°C. Helen here to play with Nadine.

19 Thursday

Most of the day working at home. Leonie passed her gym test. Wee all took YF to the airport in the evening.

20 Friday

Meeting with a professor from the University of Washington. Afternoon spent working on an article.

21 Saturday

All day cleaning the flat. Picked up Aaron, Gavin's friend, for the day. Leonie back in the evening. Moved the computer [?to the study].

22 Sunday

Breathing bad. Tidied and cleaned the rest of the flat, Leonie and Gavin helping at times.

23 Monday

Nice day. Breathing tough in the gym today.

24 Tuesday

Nice day. Nadine at Chelsea's in the afternoon. I attended a university triennium staff meeting. Leonie to Kung Fu.

25 Wednesday

Cooler but fine. Good gym (but had a prior puff).

26 Thursday

Finished the article on problem solving. Nadine to Chelsea's in the afternoon. Spoke to David Foulds on the phone.

27 Friday

Getting colder. To the gym with Nadine. In the evening, to Macmillan's New Year dinner; won two [lucky draw] prizes! [one a Chinese ceramic cooking pot, which I still have]

28 Saturday

Cleaned the flat in the morning. With the children to Toys R Us in the afternoon.

29 Sunday

Still cool, and cloudy all day. At home, except for a trip to the supermarket.

30 Monday

To work, gym and back with Nadine. Christmas letter from Bruce and Heather arrives!

31 Tuesday

All day at home. Nadine to Helen's in the afternoon. No Kung Fu.

FEBRUARY

1 Wednesday

Arranging teaching practice visits [for part-time students]. Gym early then home with Nadine.

2 Thursday

16°C. To office in the morning. Back on the school bus with Nadine.

3 Friday

To gym in the morning and back with Nadine. Land Gavin to Mandarin.

4 Saturday

All day cleaning and tidying the flat. Jenny Lee brought food from the market. Breathing bad.

5 Sunday

[Beginning og Chinese New Year holidays] Arrival of flight delayed. All to airport to meet V.

6 Monday

Gavin made and played with bow and arrows. Breathing not good.

7 Tuesday

Cool and cloudy. Fireworks display over the harbour in the evening but didn't go.

8 Wednesday

Cool and cloudy again. V and children to Shatin in the evening.

9 Thursday

Cool. V to town with Nadine. I went to the Polytechnic for a computer exhibition; had lunch with David Foulds.

10 Friday

Sunny but cool. Worked at home.

11 Saturday

Long sleep in. Drive along the new road through Wu Kai Sha to Sai Kung then to Clearwater Bay beach. Dinner back at Shatin.

12 Sunday

Up late. Cleaned the flat. YF to Hong Lok Yuen all day. Children and Dewars bike ride in the afternoon.

13 Monday

At the office all day. Educational Psychology department meeting in the afternoon. Breathing good.

14 Tuesday

Warmer. On the way to teaching practice in Yuen Long, broke a tyre on hitting a curb. Took car to the Tai Po garage. Jack and his wife here in the evening.

15 Wednesday

All day on the article. Nadine to Gym with me. V had a tooth filled. Collected the car from the garage.

16 Thursday

Very warm, ~24°C. All day at home working on the article. Kate Calfee on TV news re teaching about AIDS.

17 Friday

Warm and humid again. Good, fast weight session. YF to Chung Chi College [weekly] assembly for a talk on magnetism. YF out in the afternoon and evening. Miriam [?] here.

18 Saturday

Long sleep in. Leonie, Nadine and Miriam playing all day. YF to Chung Chi ladies meeting, then a massage seminar in the evening. Miriam returns home in the afternoon.

19 Sunday

YF to Hong Lok Yuen again. I cleaned the flat.

20 Monday

Nice day; about 20°C. At home in the morning working on the article. Lunch at the School of Education for the opening of new offices.

21 Tuesday

Two teaching practice visits in Kowloon. Bonds here for dinner.

22 Wednesday

Cooler. Teaching practice visits on HK side. Back to the gym - on the same train as Leonie and Gavin [coming home from school].

23 Thursday

Flat battery again. YF out all day. David Foulds around for dinner and evening.

24 Friday

Two teaching practice visits in the Sheung Shui area. Picked up Nadine then to gym. YF nack at 6 pm instead of 10 pm. Funeral of Emperor Hirohito.

25 Saturday

Started off for Adventist Hospital; traffic bad so went to Clearwater Bay for the day.

26 Sunday

Warm then cloudy. YF to Hong Lok Yuen till 3 pm. YF took Leonie, Gavin, Nadine and Arthur to McDonalds in the evening.

27 Monday

Four teaching practice visits today. Picked up Leonie. Gavin and R after school. YF - a massage in the early evening. Nice day.

28 Tuesday

Nice and warm. To the office in the morning. Gurkha soldier murdered at the border.

MARCH

1 Wednesday

Warm. Nearly finished the article. Budget day - ½% off income tax.

2 Thursday

A plane load of refugees returned to Vietnam. Finished and posted the article. Jenny's girls here in the afternoon.

3 Friday

Four teaching practice visits. Warm at 25°C. Collected Leonie and Gavin after school. Gavin made a large scone at school.

4 Saturday

Temperatures dropping. Leonie, Gm Nadine and Arthur to Adventist (?church ?hospital) for bible study. I cleaned the flay. YF had a seminar in the afternoon.

5 Sunday

Temperatures 11-16°C. YF to Hong Lok Yuen again. Leonie, Gavin and Nadine play with Dewars in the afternoon.

6 Monday

YF for a swim noon. YF gave Gavin his first violin lesson in the evening.

7 Tuesday

Cool. Up at 5 am for a teaching practice visit at Tai O. Another fax from Winzen [Canadian Real Estate Company].

8 Wednesday

Warm - 19°C. Another fax to Toronto. A Singapore freighter on fire.

9 Thursday

Nice day. Slept in for 30 minutes. To the petrol station after Leonie's Kung Fu class. Election day, but I didn't vote.

10 Friday

Nice day. Leonie to a party after school; back at 8 pm.

11 Saturday

Cleaned the flat again. V, Leonie, Gavin and Nadine to Adventist Bible study. Walk with Gavin and Nadine in the afternoon. A Park 'Nadine Shop supermarket opens on campus. Accident on the highway; I called 999 to report it.

12 Sunday

Warm. Half the day spent looking after locked-out Bing Bing. YF to a Hei Hung lecture in the evening.

13 Monday

25°C. Good session in gym. Then back hone with Nadine.

14 Tuesday

At home all day.

15 Wednesday

Vietnamese refugees from China protest against their repatriation.

16 Thursday

To the dental hygienist and doctor (for more asthma medicine).

17 Friday

Cooler with some rain. YF out all day and evening.

18 Saturday

Cooler and wet. Cleaned the flat in the morning. Interviews for next-years full-time (Chemistry) course after a lunch at Chung Chi (staff club). A friend of Laura's here in the afternoon and evening.

19 Sunday

Warm, 25°C with some rain. YF to Hong Lok Yuen all day. Leonie, Gavin and I make a video of Gavin making a boat.

20 Monday

Humid. All day at the office. Nadine to Jenny Chan's. The KCR broke down, so Leonie and Gavin were late to school.

21 Tuesday

Meeting with Macmillan's in the morning in my office. Nadine to a birthday party in the afternoon in Residence 10.

22 Wednesday

Cool with some rain. Nadine with YF to Shatin in the afternoon.

23 Thursday

All morning checking air fares. Leonie and Gavin home at lunch time for the holidays. Leonie tired so went to bed.

24 Friday

Holiday - Good Friday. YF, Leonie, Gavin and Nadine to Shatin to meet Jack's mother; back here in the late afternoon.

25 Saturday

Holiday. Wet. Took YF to a Sports Medicine conference. Watched the final episode of *Jesus of Nazareth* in TV in the evening.

26 Sunday

A little rain. YF to the conference again. I took Leonie, Gavin and Nadine to the Easter service and egg hunt (?at Chung Chi), then to the Jubilee Sports Centre pool but the pool and restaurant were closed. Made some chips at home. To JSC with YF for dinner. YF to Hong Lok Yuen.

27 Monday

Lovely fine day. YF to the conference in the morning. To White's in the afternoon at a walk up Cloudy Hill. [?Was this the time that Gavin started a small generator at a construction site at the top of the hill and got the scare of his life.]

28 Tuesday

Library meeting at work in the morning. YF, Leonie, Gavin and Nadine to JSC.

29 Wednesday

V to Clearwater Bay beach with Leonie, Gavin, Nadine and Arthur. Tired. Watched a video in the evening.

30 Thursday

All day at home with Leonie, Gavin and Nadine. YF out all day to give massages.

31 Friday

Warm and humid again. Gavin to the gym with me then to Shatin for lunch with YF, Leonie and Nadine. Later to dinner at the Holiday Inn.

APRIL

1 Saturday

YF and Leonie to Shatin for shopping.

2 Sunday

To Whyte's in the morning. All with Leonie, Gavin and Nadine up Cloudy Hill. Watched the HK Rugby 7s on TV. In the Cup final, NZ beat Australia 22 - 10.

3 Monday

Warm and humid. YF out most of the day. Power cut so Leonie, Gavin and Nadine to Dewar's to watch a video.

4 Tuesday

A lot of rain. YF out for lunch with Leonie, Gavin and Nadine. Then she took Leonie and Gavin to a bus to go to a school camp [?at Sai Kung]. Jack's mum here in the evening.

5 Wednesday

Holiday. Heavy rain. All day at home. YF to Hong Lok Yuen in the evening. Saw Denis Conner in a NZ TV interview.

6 Thursday

More rain. To the office in the afternoon; Nadine to Dewar's.

7 Friday

Heavy rain. To the gym. YF to violin lesson in the afternoon.

8 Saturday

More rain. YF and Leonie to collect Leonie and Gavin after the camp. Into town for lunch and afternoon. YF to Whyte's in the evening.

9 Sunday

Still some rain. YF to HLY in the morning. She gives two massages in the afternoon. Bit of breathing trouble again.

10 Monday

Leonie, Gavin and Nadine back to school. YF to Central in the car.

11 Tuesday

Fine and cloudy.

12 Wednesday

Started work on Integrated Science Book 2. Cloudy and 22°C.

13 Thursday

Still wet. Worked at home all day.

14 Friday

YF out in the afternoon. Interview with a potential amah in the evening.

15 Saturday

A little rain. 21°C. V, Leonie, Gavin and Nadine to Shatin. Nearly 100 crushed to death at a FA semi-final match in the UK.

16 Sunday

YF to HLY. Leonie, Gavin and Nadine to Ying Ying's party in the afternoon. I started to sort out all our photographs.

17 Monday

Wet. Teaching practice all day. New amah started work in the afternoon. YF to a hydrotherapy class in the evening.

18 Tuesday

Teaching practice in Shatin in the morning. Helen around with Nadine in the afternoon. No Kung Fu, so Leonie and Gavin to Shatin.

19 Wednesday

Very warm. Leonie and V to City Hall concert with Laws; Leonie to present a bouquet.

20 Thursday

Very warm again ~29°C. All day on textbook.

21 Friday

Missed Nadine's bus coming home. Amah 1 ¼ hours late for work.

22 Saturday

V, Leonie, Gavin and Nadine to Adventist church. Big thunderstorm in the evening.

23 Sunday

Becoming fine. Children to birthday party in Residence 14; turned out to be the wrong week!

24 Monday

Fine. YF out again in the evening. Still cooler 20-26°C.

25 Tuesday

Two teaching practice visits - Tsuen Wan and Shau Kei Wan. Anzac Day; called ATV and asked then to mention it on its "Anzacs" programme.

26 Wednesday

All day on teaching practice visits. No Gym. Tired. YF to HLY to give a massage. KCR breaks down.

27 Thursday

Last two teaching practice visits. Then weight training. YF to town for X-ray scan. YF and Kai Ma [neighbour] interviewed a Filipino maid.

28 Friday

Warm and humid. To the clinic for more medicine and steroid tablets. In the evening, helped YF with Reiki form.

29 Saturday

YF and Leonie to help in Mike [Bond's] bridging programme. I went to the gym with Gavin and Nadine.

30 Sunday

To Tai Long Wan [?on the ferry] with Leonie, Gavin and Nadine. YF to a conference on nutrition.

MAY

1 Monday

Down with a fever in the evening. Couldn't attend the Bahai dinner meeting.

2 Tuesday

Heavy rain; about 200 mm. Cooler. Feeling better. YF to town with Leonie to a party. Didn't start swimming.

3 Wednesday

Gym in the morning; felt OK.

4 Thursday

All day on the book.

5 Friday

To Beacon Hill with V for Gavin's class concert on American Indians. Ill in the evening with 'gas; to clinic late evening. [?open in the evening]

6 Saturday

Beacon Hill fair. I took Leonie, Gavin and Nadine. Returned in the afternoon. YF, after collecting tickets, went to the fair.

7 Sunday

Warm and fine. YF to HLY. I spent most of the day cleaning the flat.

8 Monday

YF and I to the airport - eventually. Off to San Francisco to be with Reiki master (I think). Educational psychology class in the evening. Nadine to Helen's.

9 Tuesday

29°C. To work. Had my first swim for the season; did 20 lengths, but a bit difficult. Made chips for dinner.

10 Wednesday

30°C and very humid.

11 Thursday

Swim not too bad. Telephoned YF when Leonie and Gavin back from school. Leonie still not to Kung Fu.

12 Friday

Nadine and Gavin to Adrian and Alistair's party in the afternoon.

13 Saturday

A little rain. Collected Gavin's cheque from NZ [?for his birthday]. To lunch at Jubilee Sports Centre.

14 Sunday

Leonie writes third letter, this time to Keith. Cleaned the flat. Cooler with some rain.

15 Monday

Office in the morning. With Nadine to New Asia gym in the afternoon. Chips for dinner. YF called from San Francisco in the evening.

16 Tuesday

Still cooler. Swim still not ;fluent'. Leonie and Gavin to Mandarin class.

17 Wednesday

Rain in the morning. Nadine to Chelsea's in the afternoon. Leonie and Gavin went for their first swim.

18 Thursday

Swim. Leonie and Gavin to Mandarin class after school.

19 Friday

Some heavy rain. To the New Asia gym with Nadine after her school. Leonie home with Miriam. Gavin to Robert's party. All to the airport in the evening to collect YF.

20 Saturday

Typhoon signal No 8 raised most of the day for Typhoon Brenda. Events in Beijing broadcast in radio and TV. FA cup final - Liverpool 3 Everton 2 after extra time.

21 Sunday

Humid. To Shatin in the afternoon for shopping. Changed a wheel on the car so that both front tyres are now new. 120 000 in a HK protest for democracy [?in China or HK].

22 Monday

All day at home working on Chapter 3 of the textbook. Took YF to Shatin in the evening to get a new carpet.

23 Tuesday

Office in the morning. Swim quite good. Moved the desk from the study to the master bedroom [so that YF can do massages in the study]. YF gives four massages.

24 Wednesday

Finished Unit 3. Very tired in the evening.

25 Thursday

Swim not so fast. All day on the abstract for the HKERA [HK Educational Research Association].

26 Friday

To the gym in the morning. Chelsea home with Nadine until 2 pm. YF in town all day. Leonie to Miriam's.

27 Saturday

All morning cleaning the flat. YF has a class in the morning then to a protest meeting on campus. Two massages in the afternoon.

28 Sunday

Some sunshine in the afternoon. Warmer. Another big rally in HK. YF to HLY in the evening.

29 Monday

Hot

30 Tuesday

Cooler. Swim about 23 minutes for the kilometre. Leonie and Nadine for a swim after Mandarin. YF met a Dr Ma about a Reiki study.

31 Wednesday

Cool and wet; about 24°C. Marks meeting in the morning followed by a lunch at Shatin. Read a thesis [?MA] in the afternoon.

JUNE

1 Thursday

Still cool. Swim OK. Nearly finished Unit 4 [of the textbook]. Gavin with P1-3 for a tram ride.

2 Friday

Meetings in the morning and afternoon. Rain.

3 Saturday

Heavy rain. All day doing MA applicant interviews, with lunch at Chung Chi Staff Club. Watched "The Great Escape" in the evening. The Chinese army moves into Tienanmen Square.

4 Sunday

Ayatollah Khomeni dies. Several thousand killed in Peking. Reports all day on the crackdown. Rally in HK. Swim with Leonie, Gavin and Nadine in the afternoon.

5 Monday

Still wet. Finished Unit 4 in the afternoon. Stock market drops about 22% [?because of trouble in China].

6 Tuesday

Swim in the morning. In the afternoon, started typing up Unit 7.

7 Wednesday

Hot and fine. Leonie and Gavin home from school but went to Nadine's school. Leonie, Gavin, Nadine and V for a swim late afternoon. Riots in Mong Kok in the early morning.

8 Thursday

Dragon boat holiday. All day on Unit 7. Back injury hurting. V, Leonie, Gavin and Nadine to Bible study in the morning.

9 Friday

My back very sore. Almost finished typing up Unit 7 on the computer. Gavin's birthday party in the afternoon.

10 Saturday

Leonie to Camp 'Good news' reunion. YF gives two massages in the afternoon. Saw a new version of "Around the World in 80 days" on TV in the evening.

11 Sunday

Rested most of the day; back getting better. YF to HLY. Rain.

12 Monday

Back still hurting but still did weight training. Finished Unit 7 on the word processor.

13 Tuesday

Swim not bad. Leonie stayed at school for some show that was being recorded for TV. YF out all day regarding an amah.

14 Wednesday

Hot. YF with Leonie and Gavin to Bible study at Adventist. Men around to install three air-conditioners.

15 Thursday

Swim OK. UF getting the flat ready for a Reiki workshop. Leonie and Gavin to Mandarin then for a swim.

16 Friday

Wrote a letter [to parents] in the office.

17 Saturday

First day of V's Reiki class. Had a swim in the morning with Gavin and Nadine; Leonie helping with the class. To Shatin in the afternoon.

18 Sunday

Another swim in the morning. To Shatin in the afternoon to get a yo-yo for Gavin but all sold out.

19 Monday

Queen's birthday holiday. V had visitors followed by lunch at Yucca de Lac. All day on the computer; accidentally wiped out a file.

20 Tuesday

Did weight training. YF and Nadine to Shatin.

21 Wednesday

Swim OK. V, Leonie, Gavin and Nadine to Adventist Bible study.

22 Thursday

Helen here in the afternoon. Leonie and Gavin for a swim. Finished typing up Unit 9.

23 Friday

Went for a swim with Nadine after her school. YF, Leonie and Nto a carnival in Fanling in the afternoon.

24 Saturday

All day on the computer and completed Unit 10.

25 Sunday

All day typing and printing units for the Integrated Science book.

26 Monday

Beacon Hill class open day, but forgot about it.

27 Tuesday

Good swim; 22 minutes for 20 lengths. Nadine for a swim too then we walked home. Call from HEB Singapore for a CV.

28 Wednesday

Finished the draft of Unit 5. Took spanner back to Alf Leung in the evening.

29 Thursday

Swim with Nadine. Then Leonie, Gavin, Nadine and YF to Shatin for Yum Cha. Nadine to a birthday party in the afternoon.

30 Friday

Last day for Leonie and Gavin at Beacon Hill [as they will be changing to the newly completed Shatin Primary School after the summer break]. Gym at New Asia in the afternoon. YF to HYL in the evening.

JULY

1 Saturday

2 Sunday

Finished Units 1 to 4. Sir Geoffrey Howe arrives. Greeted by a protest. To Shatin in the afternoon for NZ shopping.

3 Monday

All day on Unit 11. To New Asia gym in the afternoon.

4 Tuesday

Got Unit 5 (without questions) finished. Took Leonie to Fo Tan but couldn't find her friend's place. She eventually got there later when V, Leonie Gavin and Nadine went to Shatin.

5 Wednesday

Handed in material to Macmillan's. Picked up tickets [to NZ]. Tidied the flat. YF, Leonie, Gavin and Nadine out all day.

$[\rightarrow August 2^{nd} in NZ]$

AUGUST

3 Thursday

Arrived back on time at 6.30 am. Neighbour there to meet us and to deliver the car. The battery gave out. Air NZ take-off aborted [?return flight].

4 Friday

Reported to work then with YF to Tai Po for a new battery. Proof reading Integrtaed Science Book 1.

5 Saturday

Most of the day spent tidying up clothes and the flat.

6 Sunday

Still tidying up!

7 Monday

Weight training in the morning. YF and children to Yum Cha. Then Leonie to Amy's for the day. YF's first massage. David Lange, the NZ Prime Minister, resigns.

8 Tuesday

YF gives massages in the morning. Lunch at Chung chi with Bonds. Swim in the afternoon.

9 Wednesday

To the office in the morning then to the gym. Gavin down to the gym on his bike. Dene O'Kane in HK for a snooker competition [though I did not meet him].

10 Thursday

To the office in the morning. Swim in the afternoon.

11 Friday

Fight in Whitehead detention centre for Vietnamese boat people. YF, Leonie, Gavin and Nadine out for a bike ride in Tai Wai. YF gives a massage in the evening.

12 Saturday

YF and Leonie to Shatin for most of the day. Nadine and I went to but some swimming tickets.

13 Sunday

YF to HLY. Leonie, Gavin, Nadine and I to the pool; Leonie and Gavin did 20 lengths and earned \$100. Leonie, Gavin and Nadine to Dewars later.

14 Monday

All day at the office. Gym midday. V, Leonie, Gavin and Nadine to HLY in the afternoon to play with Arthur.

15 Tuesday

33°C again. To the office in the morning. Swim with Leonie, Gavin and Nadine in the afternoon - 20 lengths. Watched NZ v Australia Rugby test on TV.

16 Wednesday

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17 Thursday

Swim in the afternoon.

18 Friday

To the office them gym. V, Leonie, Gavin and Nadine out bike riding.

19 Saturday

All day on the computer to finish Unit 10. Swim in the afternoon; Leonie did 24 lengths.

20 Sunday

Hot. Finished the questions for Unit 11. YF at HKY all day. Miss HK final in the evening. Dinner at the Staff Common Room (SCR).

21 Monday

Finished Units 11 and 12.

22 Tuesday

All day writing up a CV. To lunch at noon with Peter Oates at a new Shatin hotel. Heavy rain in the afternoon; no swim.

23 Wednesday

Tried to fax information to Auckland [?regarding adaptation of HK Science books for NZ market]. Back to work on Workbook 2.

24 Thursday

Managed to send information to Auckland by fax. Thunderstorms again in the afternoon.

25 Friday

Received documents from NZ.

26 Saturday

Holiday. Tidied the flat for Reiki course, including the servant's room.

27 Sunday

YF's Reiki class starts. I worked all day on Workbook 2. Riot among Vietnamese refugees on Soko Island.

28 Monday

Holiday. Liberation day. Spent most of the day on the CV and application. YF conducting her Reiki class.

29 Tuesday

Finished Units 11 and 12. Posted the CV to Auckland and Christchurch. Pins in the computer break. Swim with Leonie and Gavin; my breathing difficult.

30 Wednesday

Did Workbook Unit 10 today. YF out all day. Took the printer to be repaired. No gas [for cooking] in the evening.

31 Thursday

Did Workbook Unit 9. Swim in the afternoon with Leonie, Gavin and V then dinner at the SCR.

SEPTEMBER

1 Friday

All day at the office. V, Leonie, Gavin and Nadine to Shatin. Met new MA students in the evening.

2 Saturday

Morning with the new [part-time day] Diploma of Education student intake. Tidied up Unit 7 in the afternoon. V, Leonie, Gavin and Nadine to Adventist in the morning.

3 Sunday

Posted a letter [to parents] in the morning. YF to HLY then to Shatin with Leonie. Gavin, Nadine and me for a swim.

4 Monday

At the office in the morning. Typed up Workbook Unit 9 in the afternoon. Leonie, Gavin and Nadine begin school; half day only. [Leonie and Gavin begin at Shatin Primary School.] Dinner at SCR.

5 Tuesday

Meeting in the morning. Got Workbook Unit 10 typed up in the afternoon. Then for a swim; Leonie gets to her goal of 200 lengths.

6 Wednesday

At the office all day finishing writing Workbook 2. First class for the year in the evening.

7 Thursday

Spent a lot of the day typing up Unit 8. To Acorn [BBC computer agent] in the afternoon with Gavin to collect the printer. A swim later.

8 Friday

Full-time teaching of Teaching of Chemistry class begins. Rest of the day finishing Workbook 2. To a dance concert at Run Run Shaw Hall in the evening.

9 Saturday

Finished Workbook 2in the morning. YF, Leonie, Gavin and Nadine to Adventist church; back late in the evening.

10 Sunday

33.6°C. Tidied the flat. Leonie, Gavin, Nadine and Dewars to a lunch picnic at Chung Chi. Swim later. Big anti-refugee protest march.

11 Monday

No Book! (?) All day on conference preparation.

12 Tuesday

YF with Leonie, Gavin and Nadine to Shatin in the afternoon.

13 Wednesday

Educational psychology department meeting in the morning.

14 Thursday

Cooler at 29°C. Swim with Leonie, Gavin and Nadine in the afternoon. To Macknesses (?sp) in the evening for moon festival and dinner.

15 Friday

[Mid-autumn festival holiday] YF had a group here in the afternoon. Gave a massage in the morning.

16 Saturday

Rain in the evening. Went to Mackness' for another lantern festival evening.

17 Sunday

Wet and cooler. YF all day and evening at HLY. Gavin to junior Rugby with Alan (at Sek Kong Army camp) in the morning. Swim in the afternoon.

18 Monday

Nadine to gym with me after school.

19 Tuesday

Swim with Gavin and Nadine after lesson. Leonie and Gavin to Mandarin lesson after school.

20 Wednesday

A French airline DC-10 blown up by a terrorist bomb over Niger, North Africa.

21 Thursday

Swim in the afternoon with Leonie, Gavin and Nadine. Meeting with my MA student.

22 Friday

23

M.T. (Micro-teaching?) in the morning. Reading articles still (?). Saw Sandy in the afternoon. Got a ride home with C.Y. To who accidentally backed his car into a road barrier (when turning around after dropping me off).

23 Saturday

To Shatin with Gavin; got a bank draft for Canada but not the new licence for the car. Took Leonie to a party at HLY. Gavin for a swim alone. YF gives two massages.

24 Sunday

Took Gavin, Nadine, Alan and Craig to Rugby at Sek Kong. YF with a Reiki class. After lunch, went with Leonie, Gavin and Nadine to a dance concert. Saw a 6 foot snake at the station.

25 Monday

A bit tired; did an easier weight-training session. YF's Reiki class ends.

26 Tuesday

Warm. Swim with Leonie, Gavin and Nadine after my lesson. YF out to a meeting in the evening. Allan White [my cousin] didn't call.

27 Wednesday

Allan calls in the morning and comes here after my evening lesson [?to stay overnight].

28 Thursday

Former Philippine president Ferdinand Marcos dies. Nadine swims ¼ width of the pool from a jump in. Allan flies off to NZ.

29 Friday

Tired

30 Saturday

Wrote the letter [to parents] in the morning, instead of on Sunday. YF, Leonie and Nadine out all day. Some heavy showers.

OCTOBER

1 Sunday

While Gavin at Rugby, Nadine and I went to the [military Anglican] church service. YF and Leonie at HLY. Some heavy rain. Liberty [new Filipino amah] arrives in the evening.

2 Monday

Rest from gym this week. To an H-Level chemistry meeting in the afternoon. Leonie to clarinet lesson.

3 Tuesday

To the pool with Nadine after her school but is was closed because of a swimming meet. Thompon's around in the evening for a Reiki group.

4 Wednesday

5 Thursday

I went to the [Shatin Primary?] PTA AGM in the afternoon (?evening). Others to a dance concert.

6 Friday

Nadine jumped off he bed and hurt her lip.

7 Saturday

Drier. With Leonie, Gavin and Nadine for a swim in the morning.

8 Sunday

YF to HLY all day. Leonie, Gavin and Nadine with Dewars to Rugby.

9 Monday

[Holiday] YF out for a tour talk. Then Leonie and Gavin in to meet her for a buffet lunch. Nadine naughty! Gavin to HLY later.

10 Tuesday

Swim with Nadine midday. Liberty didn't collect Nadine, so [?I was] late for a meeting. YF and I to meet Leonie and Gavin's teachers. YF alone to a guitar concert (free ticket).

11 Wednesday

Back to the gym again. Site of new airport officially announced.

12 Thursday

No school again today for Nadine because the No 3 strong wind signal was raised; I had to stay home with her. Swim in the afternoon with Leonie, Gavin and Nadine.

13 Friday

14 Saturday

YF off early on a tour to Taiwan.

15 Sunday

V's birthday. Fine and warm. To Rugby. Leonie and Nadine to Sunday School; me to church [at army camp]. Swim in the afternoon; Gavin reaches 200 lengths. Leonie vomits after dinner.

16 Monday

Learnt of three more promotions in the School of Education.

17 Tuesday

Meeting in the morning on the Dip Ed marking system. Cooler. Swim with Nadine at noon. Finished proof-reading Workbook 1. V telephoned [from Taiwan] in the evening. Gavin makes cup cakes at school.

18 Wednesday

Received IS Book 2 for proof-reading. Severe 6.9 earthquake in the San Francisco Bay area.

19 Thursday

At home all day proof-reading Book 2. Cooler. Swim later with Leonie, Gavin and Nadine.

20 Friday

21 Saturday

V cancelled her Reiki class. We all went to a horse show in the New Territories. YF back early to help in a bridging seminar.

22 Sunday

YF to HLY. Gavin to Rugby. Tried to get Nadine to learn to ride a bike. YF, Leonie, Gavin and Nadine to Shatin late!

23 Monday

Lunch in the Staff Common Room for Pauline Tang [office staff]. At home in the afternoon working on the textbook. Nadine home all day with a cold.

24 Tuesday

Nadine back to school later in the morning. Swim alone. YF to a late evening class (Che Kung).

25 Wednesday

Got a cold. Still went to the gym.

26 Thursday

Meeting in the morning with Macmillan's. Another meeting in the afternoon. Swim after this with Gavin. YF to Run Run Shaw Hall for a class.

27 Friday

Warmer. YF to town and evening meeting with Bonds.

28 Saturday

Wanted to go to Tai Po Kau forest but Leonie and Gavin wouldn't come! Leonie out in the evening to a birthday party at Beas River. YF out to give a talk on Reiki.

29 Sunday

To Rugby.

30 Monday

In the afternoon, Rana Shinde [?from Ludhiana, India] walked into my office.

31 Tuesday

Warm. Swim with Nadine. Last day for Basic Law submissions. Halloween in the evening for Leonie, Gavin and Nadine.

NOVEMBER

1 Wednesday

Bit cooler.

2 Thursday

No school for Leonie, Gavin and Nadine; mid-term break. Two teaching practice visits for me. Good swim in the afternoon.

3 Friday

Gavin got new Rugby boots. Brought Leonie, Gavin, Nadine and Arthur back from Shatin.

4 Saturday

Over to Sai Kung area to collect Gavin after an overnight and birthday party. Leonie, Gavin and Nadine to the remainder of the Bookworms fair.

5 Sunday

Gavin to a Rugby tournament; his team won their age group. Watched the Aust. [? Austrian/Australian] Grand Prix on TV. The new HK Cultural Centre opens (unofficially) in the evening.

6 Monday

Four teaching practice visits; a lot of walking between schools. Gym on return.

7 Tuesday

V has the first of a two-day Reiki class. Nadine for a swim with me. Princess and Princess of Wales arrive in HK.

8 Wednesday

Four more teaching practice visits in Kowloon. Reiki class finished. Prince Charles officially opens the Cultural Centre.

9 Thursday

Good swim - 21 min 20 s for 1 kilometre; Leonie, Gavin and Nadine did not turn up.

10 Friday

Nice day. Two teaching practice visits in Sheung Shui.

11 Saturday

Nice day. I went to the City Polytechnic University for a HKERA conference. The others to Shatin Schools fair.

12 Sunday

Me, Leonie, Gavin and Nadine to the top of Cloudy Hill while YF at Whites. (No Rugby today.) Eighteen runner attached by a swarm of bees!

13 Monday

Teaching practice in Shatin in the morning.

14 Tuesday

Cooler. A teaching practice visit. Met a New Zealander, named Nicholls, over here from the US. Finished Teacher's Book 1.

15 Wednesday

Ma arrives from the US.

16 Thursday

Cooler but nice. Swim not bad.

17 Friday

Nice, cooler, fine day. Still checking Workbook 2.

18 Saturday

Cooler. We all went to Tai Po Kau forest. Ma to town.

19 Sunday

To Rugby practice. Leonie to town but no-one to meet her. Joan Sutherland performs in the evening.

20 Monday

Finished Teacher's Workbook 2. Wore a pullover for the first time this season.

21 Tuesday

Teaching practice visits in Yuen Long. Back for a swim - very good.

22 Wednesday

In the evening, watched the end of the Miss World competition held in HK; won by Miss Poland.

23 Thursday

29

Took Marie (Painter) and her husband Roger around in the morning. Good swim - 21 min for 1 km.

24 Friday

Potluck differ at Chung Chi College in the evening. Took Rana Shinde.

25 Saturday

Drizzle. Hike with Joe [?Boyle] at Sai Kung. Leonie to an overnight party in the evening. Watched some of the Macau Grand Prix races on TV.

26 Sunday

Leonie home from party. Watched the Macau F3 Grand Prix on TV (won by the Australian David Brabham, son of Jack Brabham).

27 Monday

Leonie and Nadine out to Shatin on the evening to by shoes for Leonie.

28 Tuesday

Nice day. Good swim, though untimed. Leonie off to a camp on Cheung Chau Island.

29 Wednesday

Much cooler and drier. YF took Nadine for a picnic lunch.

30 Thursday

Nice day. My last swimming day; good swim, doing 1 mile. Air and water temperatures the same at 19°C. Mandarin with Me Chan in the evening.

DECEMBER

1 Friday

Leonie back from camp. Rebellion in the Philippines. V and Leonie to Christmas singing at Run Run Shaw Hall.

2 Saturday

Ma out with Leonie, Gavin and Nadine. YF and me went for a walk in Sai Kung.

3 Sunday

22°C. We all went to Stanley Fort for Gavin's Rugby tournament; Gavin got one try, had two matches. Then back to the beach for a while. Back via the new [Eastern Harbour crossing] tunnel.

4 Monday

Fighting still in the Philippines. Picked up more medicine from the clinic.

5 Tuesday

Meeting with Professor Joyce in the morning followed by lunch at the Chung Chi Staff Club. No exercise.

6 Wednesday

Interview in the morning for a new ID card.

7 Thursday

Warmer. Class in the morning. Mandarin for Leonie and Gavin in the evening.

8 Friday

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9 Saturday

To Castle Peak power station in the afternoon for a Christmas party - invited by Tim.

10 Sunday

Leonie to play Rugby with Gavin. YF has a healing class in the afternoon, then to Yuen Long.

11 Monday

Got ready for a talk on Friday. Also finished a sermon.

12 Tuesday

Nice day. First batch of boat people repatriated by air to Vietnam. Collected Nadine from school for V.

13 Wednesday

Vehicle fire in Lion Rock tunnel early evening. Repatriation of boat people halted.

14 Thursday

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15 Friday

Conference talk at HKU in the morning. Staff meeting and turkey (?) in the afternoon. Sakharov dies. Hydrofoil collides with sanpans.

16 Saturday

Walk/Play with Leonie, Gavin and Nadine at Tai Po Kau forest. To Chung Chi Christmas party in the afternoon. Philippine orchestra with Liberty, Leonie, Gavin and Nadine in the evening. V begins a Reiki class.

17 Sunday

Deliver a sermon at Chung Chi chapel. Gavin and Leonie to Rugby in the morning. Reiki class all day; lunch on the grass downstairs.

18 Monday

Overcast. YF finished Reiki class, then to Japanese cooking. Watched Pavarotti in a Christmas TV special.

19 Tuesday

Cooler and some rain. Last full-time chemistry teaching class. No after-school classes for Leonie and Gavin.

20 Wednesday

US attacks Panama. Massacres in Romania. British residency package announced.

21 Thursday

YF and I to see Nadine's Christmas play. Took Ma to the airport in the evening.

22 Friday

Wet. Work in the morning. Took Leonie to a Cathay Pacific party in the afternoon; Gavin and Nadine to Toys R Us. President Caucescau overthrown in Romania.

23 Saturday

Wet. To work in the morning. Nadine ill all evening with a bad cough.

24 Sunday

Wet. YF to the market in the afternoon. Leonie, Gavin and me to a candlelight midnight service at Chung Chi chapel.

25 Monday

[Christmas day] Leonie, Gavin and Nadine only opened a few presents. YF had a small Reiki class. Overcast and cool.

26 Tuesday

Healing circle and Reiki class.

27 Wednesday

Afternoon hike in Sai Kung with Kylie and Arthur.

28 Thursday

YF, Leonie, Gavin and Nadine to Yum Cha. I was walking on the computer, which was on the blink! Finally got all the presents opened.

29 Friday

Long sleep in. Connected up the new Hi-Fi system. In the afternoon, went for another walk with Leonie, Gavin and Nadine to Sai Kung.

30 Saturday

Me, Gavin and Joe for a walk through Tai Po Kau forest to Shung Mun. YF receives emergency dental treatment. Overcast, cool (18°C) and occasionally wet.

31 Sunday

Wet all day. YF to HLY. I looked after and played with Leonie, Gavin and Nadine.

Quote at end of diary. Old Chinese saying:

Everyone lives a hundred lives, but only one is a life to remember.